Tips to Keep Children OUT of HOT Vehicles







## Dozens of children left in hot, parked cars DIE FROM HEATSTROKE every year across the nation.

These accidents are every busy parent's nightmare as most of the children were accidentally left behind. Some accidents also occur when children play or hide in unlocked vehicles.

Many of the children who die from heatstroke are a year old or younger.

Most of these tragedies happen during the hottest months.

- Did you know that a child's body temperature rises more quickly than an adult's?
- Did you know that a car's temperature can climb 20 degrees in 10 minutes?
- Did you know the car doesn't necessarily have to be hot?

Heatstroke can occur even in a car parked in the shade with windows open and temperatures in the 60s.

# Here's what else you need to know and do to protect your child:

#### Park, Exit, Look and Lock (PELL).

When driving with your child, make it a habit to always check your back seat after exiting your vehicle and before locking the door.

### Keep a wallet or phone near your

**child.** Distractions happen. One way to jog your memory is to place an item you use frequently in the back seat next to your child.

**Keep your car locked.** This is another good habit to develop to prevent accidents.

Place keys in a secure space. Keep your keys in a location your child can't reach.

#### Vow to never leave a child alone

in a car. It doesn't matter if the air conditioner is on or you plan to return in a minute. Just. Don't. Do. It.

Teach children that cars are not places to play. Tell them never to get into a car without an adult.

**CALL POLICE** if you see a child alone in a backseat. Your call may save a life.

Distracted drivers and hot vehicles are a deadly combination for children.

Stay focused with a young passenger to protect his or her life.